

ALLAN KEHLER

## STAGE INTRODUCTION

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Allan Kehler is a mental health advocate, international keynote speaker, and best-selling author of four books. His TEDx talk on men and mental health has gained international attention, and he has shared his captivating story of resilience on more than one thousand stages.

For nearly a decade, Allan instructed various mental health related courses at the college level while also working as an addiction's counselor and clinical case manager. As a keynote speaker, Allan uses humor and compassion to create a safe space where people feel seen, heard and supported™.

Currently, Allan resides in Saskatoon, Saskatchewan where he shares his life with his beautiful wife, four boys, three dogs, and a tank of fish.

Please join me in welcoming Allan to the stage.

