

ALLAN KEHLER

STAGE INTRODUCTION



Allan Kehler is a leading voice in mental health, resilience, and workplace wellness. With over 1,000 keynotes delivered across the globe, he has become a trusted resource for organizations seeking to create mentally healthy and high-performing workplaces.

Allan's TEDx talk on men and mental health has gained global traction, and his five best-selling books have further positioned him as a thought leader in the field.

Currently, Allan resides in Saskatoon, Saskatchewan, where he shares his life with his beautiful wife, four boys, three dogs, and a tank of fish.

Please join me in welcoming Allan to the stage.

