

STAGE INTRODUCTION

ALLAN KEHLER



Having delivered over one thousand keynotes across the globe, Allan has become a trusted resource for organizations seeking to create mentally healthy and high-performing workplaces.

Known for his powerful storytelling, Allan draws on his personal journey through mental illness, addiction, and suicide to deliver keynotes that are as impactful as they are relatable. His TEDx talk on men and mental health has gained global traction, and his best-selling books have further positioned him as a thought leader in the field.

Allan lives in Cranbrook, British Columbia, with his wife, their four sons, and three dogs who serve as his daily reminder that some of the best therapists have four legs.

Please help me to welcome Allan to the stage.

